

## Study Smarter, Not Harder Virtual Workshop

## for Middle School Students



## Does your student:

- Get bogged down or distracted when trying to get started on homework?
- Spend hours on each assignment?
- Feel challenged by how to prioritize?
- Need organizational help?
- Struggle to focus with online classes or homework?
- Experience anxiety when trying to study for a test?
- Require more motivation to get things done?
- Have ADHD?

If *any* of these "red flags" sounds familiar, RITES offers the perfect executive function mini-course to help. This 9-session workshop will provide strategies, with actual applied practice, to:

- Overcome executive function difficulties
- Be a better student
- Help create an organizational system that works specifically for each student
- Manage online assignments and materials
- Hand homework in, complete and on time
- Use online tools for better productivity
- Reduce anxiety

Cost: \$270 (Venmo and Credit Cards accepted)

Time and Dates: Held through Zoom on these Sundays, 11:00 am - 12:00 pm

January 21

January 28

February 4

February 11

February 25

March 3

March 10

March 17

March 24

This workshop is **limited to 6-8 students**, **grades 6 - 8**, to ensure maximum personalization and attention. To register, go to: https://www.ritutorial.org/study-smarter-not-harder-workshop/ or scan the QR Code below!



RITES Study Smarter, Not Harder teacher Gerard "Gino" Tetreault is a dedicated English/ESL educator with nine years of classroom teaching experience. Gino also serves as a RITES study/organizational skills specialist and SAT prep coach, is an adjunct college professor, and has extensive experience with a broad range of learning profiles. He firmly believes in the power of hands-on, engaging learning that provides real-world skills and helps students to become successful, not just within the classroom, but throughout their lives.

Gino is excited to extend his tutoring offerings through his <u>RITES Study Smarter</u>, <u>Not Harder online group workshop</u>, which helps students develop study and organizational skills, while fostering a sense of belonging and connection to other students!

