



Hosted by:
Lincoln School
 301 Butler Avenue
 Providence, RI
 02906

October 20, 2008

Study & Organizational Skills

January 12, 2009

The Anxious Child

February 9, 2009

Occupational Therapy & Sensory Integration for Children

April 6, 2009

Navigating College Admissions

May 4, 2009

Advocating Effectively for Your Child

All workshops are held
Monday evenings, 6:30 - 8:30 p.m.
 at Lincoln School, 301 Butler Avenue,
 Providence, RI 02906

Refreshments will be served, courtesy of
Scialo's Bakery

\$10 each workshop
\$20 for any 3
\$30 for any 4

To register, fill out and return enclosed form, or please visit
www.ritutorial.org
 or call us at
(401) 723-4459



Interactive Parent Workshop Series
2008 Registration

Name _____

Street _____

City _____

State _____ Zip _____

E-mail _____

Phone _____

Please return this form with a check made payable to:

Rhode Island Tutorial & Educational Services (RITES)
334 East Avenue
Pawtucket, RI 02860

Please write the letter(s) of the workshop(s) you wish to attend:

_____ **\$10 per workshop**

_____ **\$20 three workshops**

_____ **\$30 four workshops**

To pay by credit card (Visa, MasterCard or American Express), please contact us at:

(401) 723-4459



Special thanks to:
Lincoln School
 for hosting this event

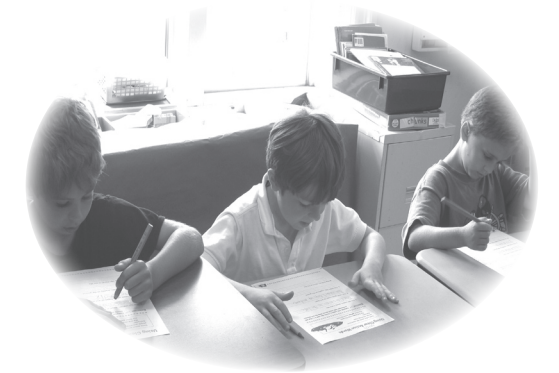
AND

Scialo's Bakery (East Providence & Seekonk)
 for donating refreshments

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Rhode Island Tutorial & Educational Services, Inc.
 334 East Avenue
 Pawtucket, Rhode Island 02860

Interactive Parent Workshop Series



Presented by:
Rhode Island Tutorial & Educational Services
 with Jennifer Jencks,
LISCW



Selected Mondays
6:30 - 8:30 p.m.
Providence, Rhode Island

October 20, 2008

A. Study & Organizational Skills at Home

Presented by Rebecca Ladd, M.A.

Now that your children are back in school, how do you get them (and keep them) organized for school success? We'll explore this topic in-depth, providing real demonstrations and solutions, from organizing the backpack to optimizing the homework space. You'll discover how best to support the system your child's teacher has in place by creating a consistent, complementary system at home.

This is a hands-on workshop, so bring your child's backpack with you, be prepared to go through various techniques step-by-step, and even have the chance to buy some great organizational tools on-site!

This workshop is intended for any parent who has a student with regular homework, but is geared more specifically to middle and high school families.

Rebecca Ladd is a Reading Specialist with the East Greenwich school system. She has 20 years of experience teaching students from Kindergarten through high school, focusing on reading, writing and study and organizational skills. She has developed curricula for programs throughout Rhode Island and taught education courses at Rhode Island College. She is trained in the Orton-Gillingham approach to reading, writing and spelling, and has been a Study and Writing Skills teacher in the Rhode Island Tutorial Summer Program for the last two years. She also tutors students individually and conducts educational assessments through Rhode Island Tutorial.

January 12, 2009

B. The Anxious Child

Presented by Dr. Gillian Pearis, Dr. Dana Osowiecki, and Jennifer Jencks, LICSW

Does your child or student have anxiety? If so, how much is too much? What can you do to help? Our panel of experts will address these questions, as well as provide practical techniques to teach your child coping skills and how to proactively "get ahead" of anxiety.

In addition, we'll delve into the cognitive implications of anxiety, when an evaluation is recommended to assess anxiety issues, and viable treatments for anxiety, including CBT (Cognitive Behavioral Therapy) and the use of medication. There will also be a question-and-answer portion of the workshop to discuss specific questions.

This workshop is intended for families and teachers of school-age children who may exhibit signs of anxiety.

Dr. Gillian Pearis is a child psychiatrist in private practice in Providence, who sees children and adolescents with anxiety, depression, mood disorders, ADHD, and other childhood emotional disorders. She completed her Triple Board training in Pediatrics, Adult Psychiatry, and Child & Adolescent Psychiatry at the Warren Alpert Medical School at Brown University, and she currently supervises Triple Board and Child Psychiatry fellows-in-residency training. She is Clinical Assistant Professor in the Department of Psychiatry and Human Behavior at Brown University. Dr. Pearis is also past president of the Rhode Island chapter of the American Academy of Child & Adolescent Psychiatry and serves as a counselor-at-large for the Rhode Island Medical Society.

Dana M. Osowiecki, Ph.D. is a licensed clinical psychologist with post-graduate training in child and adolescent neuropsychology. Dr. Osowiecki attended graduate school at the University of Vermont, and is a graduate of the Brown University Internship Program and Post-Doctoral Fellowship in Child Neuropsychology. She was the Neuropsychologist and Research Director at the Stern Center for Language and Learning in Vermont, a regionally acclaimed site for the evaluation and treatment of children with learning disorders. She has been practicing in Rhode Island since 1999. Her practice includes neuropsychological evaluation and therapy with children, adolescents and young adults.

Jennifer Jencks is a licensed independent clinical social worker, specializing in the treatment of pediatric and adolescent anxiety disorders. She graduated from Smith College School for Social Work, completing much of her training at Bradley Hospital in East Providence. She has been in private practice for eleven years in Providence, and utilizes cognitive behavioral therapy techniques to treat clients with Obsessive Compulsive Disorder, Trichotillomania, generalized anxiety disorder, body dysmorphic disorder, and specific phobias.

February 9, 2009

C. Occupational Therapy & Sensory Integration for Children

Presented by Lise Gerard Faulise, MS, OTR/L, BCP

One of your child's most important jobs is regulating his or her body effectively throughout the day for optimal learning. For those who struggle with this task, occupational therapy and a "sensory diet" can make a significant impact. Through this workshop, you will develop a better understanding of sensory-based intervention and its effect on learning, as well as find out how to integrate intervention principles at school, at home, and in the community.

This will be an interactive workshop, so come prepared to move and participate in demonstrations.

This workshop is for families and teachers of children who may show sensitivities to their environment, or who are struggling with organizing and planning motor activities.

Lise Gerard Faulise received her Advanced Masters of Science in Occupational Therapy from Boston University. Currently, she is conducting research at the Wolf School in Rhode Island and providing private clinical services in the New England area. She is founder of Rehab New England, a private sensory integration-oriented practice in Rhode Island. Ms. Faulise is also co-founder of the Wolf School (a school in East Providence designed for children in K-8 with learning differences). Ms. Faulise has taught at Worcester State College in administration/management, worked as a clinical instructor at St. Louis University, and was director of the Faculty Practice in the Department of Occupational Science and Occupational Therapy. She also guest lectures nationally on sensory processing disorders and the application of sensory integrative techniques in the community and in school-based settings.

April 6, 2009

D. Strategies for Navigating the College Admissions Process

Presented by Cristiana Quinn, M.Ed.

With over 3,000 colleges in the U.S. and admissions becoming increasingly competitive, navigating the college admission process can be overwhelming. This workshop is designed to provide key information and strategies for parents and students in their sophomore or junior year. Topics may include:

- ✍ The current college admissions climate and trends
- ✍ How to select courses and activities strategically
- ✍ Sources for creating a comprehensive college list and researching colleges
- ✍ When to take the SAT, ACT, Subject Tests, and AP exams
- ✍ If Early Decision/Early Action programs are right for you
- ✍ College options for students with learning differences
- ✍ What to look for on campus tours, and how to make the best impression in interviews
- ✍ Creating winning applications and essays
- ✍ Athletic recruiting, special talent portfolios, and performing arts auditions

This workshop is intended for families of sophomore- or junior-year students, who are preparing for college.

Cristiana Quinn is the founder of College Admission Advisors, LLC, which provides individual strategic counseling for college-bound students. During the 2007-2008 academic year, more than 85% of her clients were accepted to their first-choice college. Ms. Quinn has worked in college admissions, holds a Master of Education degree, and has completed advanced graduate work in college admissions counseling at UCLA.

May 4, 2009

E. How to Advocate Effectively for Your Child

Presented by Myrna Silverstein, Ph.D.

This workshop focuses on discovering constructive ways to advocate for your child, get the appropriate language into your child's educational plan, and receive the services he or she needs, while maintaining communication between families and schools. You will find out how to begin conversations with your school, learn some of the key language that should be included for certain services, find out the most effective way to approach meetings, and discover how to become the best advocate for your child.

This workshop is intended for families who think they may need additional educational services, or who need to implement an I.E.P., or are already within this process.

Myrna Silverstein is a certified psychologist with the Rhode Island Department of Health. She has more than 24 years of experience as a school psychologist, serving as an evaluator and I.E.P. team member. Dr. Silverstein is currently a child advocate for Rhode Island Tutorial & Educational Services, working directly with families to help them procure and maintain services for their children.

Rhode Island Tutorial & Educational Services

was established over a decade ago to help students with various learning styles realize their academic potential. RITES has helped hundreds of students develop the skills for success both in their classrooms and at home by offering one-on-one tutoring, small-group instruction, summer programs, assessment services, and advocacy support to the Rhode Island and southeastern Massachusetts communities. The RITES staff understands that the "one size fits all" approach to instruction just doesn't work, so RITES teachers develop personalized plans of instruction based on each student's learning needs. For more information, visit www.ritutorial.org.

Jennifer Jencks, LICSW is a licensed independent clinical social worker, who has been in private practice in the Rhode Island area for the past 11 years. She is dedicated to providing quality therapy and services to children and adolescents with a variety of anxiety disorders. She collaborates with several area professionals, including fellow therapists, psychologists, psychiatrists, schools, families, and other educational organizations, such as RITES. For more information, please contact her at **401-273-5605**.

Lincoln School is an independent college preparatory school for girls where high academic and ethical standards challenge students from Pre-Kindergarten through Grade 12 to nurture their special talents and interests. Drawing on its Quaker heritage, Lincoln School focuses on character and values, as well as knowledge, simplicity, cooperation, mutual respect, and nonviolent resolution of conflict. The aims of a Lincoln education are confidence, achievement, a commitment to service, and a life-long love of learning. For more information, visit www.lincolnschool.org.